

## 2010 Youth Sailing Programs

### ***Teaching a Life-Long Love of Sailing***

At Outer Harbour Centreboard Club / Toronto Sailing & Canoe Club we offer Toronto's Best Learn-to-Sail programs for youth ages 7 to 17 Monday to Friday from 9:00am to 4:00pm starting June 28 to August 27.

We offer an Early Drop Off program starting at 8:00am and Late Pick Up until 5:30pm and an optional Daily Lunch program.

Club membership is not required to enrol in our programs.

Outer Harbour Centreboard Club / Toronto Sailing & Canoe Club are able to help the whole family learn to sail in a friendly family-oriented atmosphere.

**For more information contact Alan Hall at [alan.hall@sympatico.ca](mailto:alan.hall@sympatico.ca) or call 416 571 9105.**

#### **Spring Tune Up Program**

Our Youth Spring Tune Up Program is available June 5, 12 and 19 from 10:00am to 3:00pm for students who want to improve their skills and prepare for their summer sailing. Each session includes lunch, awards and prizes; the cost is \$50.00 per session or \$125 for all three Saturdays.

#### **Summer Programs**

**Please register early - many of our sessions sold out last season**

#### **Optimist Skills I II III**

The Optimist program is designed for children 7 to 9 years old, no sailing experience is required to enrol in this program. We introduce your children to sailing in a fun and safe environment in our sheltered, protected harbour. The program begins with two children per boat and work towards sailing a boat themselves. The course includes an introduction to sailing, boat handling and White Sail skills. Our trained and certified instructors are chosen for their exceptional skills working with children. The program builds friendships, confidence and self-esteem. We recommend students attend a minimum of two consecutive weeks to attain each level.

## **White Sail I II III**

The White Sail Programs are designed for youth from 10 to 17 years old. No sailing experience is required to enrol in this program. Students are divided into appropriate age and skill level groups within the program. The curriculum is based on Canadian Yachting Association standards and students have the opportunity to earn nationally recognized certificates for each level by demonstrating skills learned in the program. We recommend students attend a minimum of two consecutive weeks to attain each level.

### **Optimist & White Sail Dates**

Session 1: June 28 - July 2	Session 4: July 19 - 23	Session 7: Aug. 9 - 13
Session 2: July 5 - July 9	Session 5: July 26 - 30	Session 8: Aug. 16 - 20
Session 3: July 12 - 16	Session 6: Aug 2 - 6	Session 9: Aug. 23 - 27

**Cost:** \$215.25 per week

**Early registration per week pay by April 25th** - \$204.75 per week

GST included

## ***Race Team***

### **Optimist Racing Program**

The Optimist Racing program is designed for youth from 10 to 15 years old who have achieved Optimist Skills III or White Sail III level. Students learn racing rules and tactics while advancing their racing and sailing skills. Sessions are one or two months and include a minimum of two regattas per month. Students can achieve their White Sail and Bronze IV levels in this program.

### **Bronze Sail IV & V**

The Bronze Sail Programs are designed for youth from 10 to 17 years old who have completed their White Sail III level. Students learn advanced sailing skills and an introduction to racing in our fleet of 420's. Each session is one month and includes a minimum of one regatta.

Optimist Racing & Bronze Sail Dates

Session 1: July 5 -July 30

Session 2: Aug. 2 -Aug. 27

**Cost:** \$834.95

**Early Registration Pay by April 25th - \$819.00**

GST Included

***Race Team***

**Silver Sail VI & Gold Sail VII**

These eight-week programs are designed for youth 15 to 18 years old. Students compete in multiple regattas during the summer. Racing rules and advanced tactics are taught. Sailors may bring their own boat or use our 420s that are supplied by the club.

**Note:** The program fee is for coaching and use of the clubs 420s and does not include chaperone, transportation, lodging, food, regatta, or any other costs or fees. Parents will be asked to chaperone and help provide transportation at their expense

Silver & Gold Sail Racing Dates

Session: July 5 –Aug 27

**Race Team - Includes use of club boat**

**Cost:** \$1596.00

**Early Registration Pay by April 25th - \$1575.00**

**Race Team - Bring your own boat**

**Cost:** \$1496.25

**GST included**

For sailing school inquiries, please e-mail: [alan.hall@sympatic.ca](mailto:alan.hall@sympatic.ca) or call (416) 571-9105.